

2025-26 MIAC Women's Hockey Regional and National Awards

2025-26 CCM/AHCA Division III All-America

| Pos. | Name | Institution | Class | Hometown | High School | Team | Previous Selections |
|------|--------------------|-------------|-------|---------------------|-------------|-------------|---------------------|
| D | Abigail Chamernick | Hamline | Jr. | Warroad, Minn. | Warroad | Second Team | -- |
| D | Nora Stepan | Augsburg | Sr. | Apple Valley, Minn. | Eastview | Second Team | 2025 (1T) |

2025-26 DIIIIHockeyNews.com All-America

| Pos. | Name | Institution | Class | Hometown | High School | Team | Previous Selections |
|------|--------------------|----------------|-------|---------------------|------------------------|-------------|---------------------|
| D | Abigail Chamernick | Hamline | Jr. | Warroad, Minn. | Warroad | First Team | -- |
| G | Lexi Badali | Saint Benedict | Fy. | St. John, Ind. | Lake Central | First Team | -- |
| F | Lily Mortenson | Gustavus | Sr. | Champlin, Minn. | Benilde-St. Margaret's | Second Team | 2025 (1T) |
| D | Nora Stepan | Augsburg | Sr. | Apple Valley, Minn. | Eastview | Second Team | 2025 (2T) |

2025-26 DIIIIHockeyNews.com All-Rookie Team

| Pos. | Name | Institution | Class | Hometown | High School | Team |
|------|-------------|----------------|-------|----------------|--------------|------------|
| G | Lexi Badali | Saint Benedict | Fy. | St. John, Ind. | Lake Central | First Team |

2025-26 CCM/AHCA Division III Coach of the Year Finalist

| Name | Institution | Previous Selections |
|-----------------|-------------|---------------------|
| Elizabeth Bauer | Augsburg | 2025 |

2026 CSC Academic All-District At-Large

| Pos. | Name | Institution | Class | Hometown | High School | Previous Selections |
|------|-----------------|-------------|-------|---------------------|-------------|---------------------|
| F | Kate Haug | Augsburg | Sr. | Roseville, Minn. | Roseville | -- |
| F | Emily Schoeberl | Augsburg | Sr. | Eagan, Minn. | Eagan | 2025 |
| D | Nora Stepan | Augsburg | Sr. | Apple Valley, Minn. | Eastview | 2025 |
| D | Tenley Stewart | Augsburg | Sr. | Esko, Minn. | Esko | -- |

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|---|-----------------------|-----------------|-----|---------------------|------------------------|-------------|
| D | Julia Helget | Bethel | Sr. | Sleepy Eye, Minn. | St. Mary's School | -- |
| D | Trinity Jackson | Bethel | Jr. | Mankato, Minn. | Mankato East | -- |
| F | Malia McKinnon | Bethel | Jr. | Forest Lake, Minn. | Forest Lake | -- |
| D | Sienna Kropp | Concordia | So. | Prior Lake, Minn. | Prior Lake | -- |
| F | Morgan Sauvageau | Concordia | Sr. | Fargo, N.D. | Fargo Davies | -- |
| F | Taylor Severson | Concordia | Jr. | Fargo, N.D. | Fargo Davies | 2025 |
| F | Avery Braunshausen | Gustavus | Jr. | Stillwater, Minn. | Stillwater | 2025 |
| D | Eva Nelson | Gustavus | So. | Buffalo, Minn. | STMA | -- |
| D | Kylie Scott | Gustavus | Jr. | Dayton, Minn. | Champlin Park | 2025 |
| F | Ashlyn Abrahamson | Hamline | So. | Devils Lake, N.D. | Devils Lake | -- |
| F | Annabel Mehta | Hamline | Jr. | Eden Prairie, Minn. | Eden Prairie | -- |
| F | Iyla Ryskamp | Hamline | Sr. | Orono, Minn. | Orono | -- |
| D | Jamie Bimberg | Saint Benedict | Sr. | Chanhassen, Minn. | Chanhassen | -- |
| D | Merrill Delich | Saint Benedict | So. | Andover, Minn. | Andover | -- |
| F | Shae Stinnett | Saint Benedict | Jr. | North Oaks, Minn. | Hill-Murray | -- |
| D | Emma Keith | St. Catherine | So. | Waseca, Minn. | Waseca | -- |
| F | Paige Loidolt | St. Catherine | Sr. | Plymouth, Minn. | Robbinsdale Armstrong | 2025 |
| F | Ana Myers | St. Catherine | So. | Lino Lakes, Minn. | Gentry | -- |
| D | Raechel Painovich | St. Catherine | Gr. | Hinckley, Minn. | Hinckley-Finlayson | 2025 |
| D | Sarah Wangen | St. Catherine | Jr. | Austin, Minn. | Austin | -- |
| F | Taryn Dornseif | Saint Mary's | Sr. | Somerset, Wis. | Gentry | -- |
| F | Sophia Paduano | Saint Mary's | Jr. | Westby, Wis. | -- | -- |
| F | Teagan Phillips | Saint Mary's | Sr. | Oregon, Wis. | -- | 2024 |
| G | Celeste Rimstad | Saint Mary's | Sr. | Richfield, Minn. | Academy of Holy Angels | 2024 |
| F | Taverie Sherner | Saint Mary's | Sr. | Maple Grove, Minn. | Osseo-Park Center | -- |
| D | MaKenna Beaver | St. Olaf | Sr. | Andover, Minn. | Anoka | -- |
| F | Solvei Berg-Messerole | St. Olaf | Sr. | Minneapolis, Minn. | Highland Park | 2024 2025 |
| G | Makenzie Cole | St. Scholastica | Sr. | Cohasset, Minn. | Grand Rapids | 2025 |

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|---|-----------------|--------------------|-----|-------------------|------------|----|
| F | Alaina Hedberg | St. Scholastica | So. | St. Paul, Minn. | Tartan | -- |
| F | Victoria Nelson | St. Scholastica | So. | Mahtomedi, Minn. | Mahtomedi | -- |
| D | Sophie Parendo | St. Scholastica | Jr. | Proctor, Minn. | Proctor | -- |
| D | Katie Sandelin | St. Scholastica | So. | Hermantown, Minn. | Hermantown | -- |